



TELEDENTISTRY

# Dental care, from wherever you are

Teledentistry, a version of telehealth, is the use of telecommunication to have an appointment with a dental provider. It often includes two-way video, telephone, email, text or chat. We have expanded our dental coverage options so that you can receive dental care through teledentistry instead of physically going to see in-network dental providers, when needed.

### Choosing teledentistry

If you have a dentist, we recommend contacting their office directly to schedule either in-person and virtual appointments.

Or, you can now use our digital Dental Tools to request a virtual checkup or emergency consultation from a Delta Dental Provider if:

- You do not have a current dentist
- You do not feel comfortable visiting a dental office
- Your dentist’s office has remained closed due to COVID-19

Dental services provided by in-network providers via teledentistry are now covered for Delta Dental of Oregon. If you don’t currently have a dentist when requesting a teledentistry appointment, you will be connected to an in-network provider.

### Accessing teledentistry

If your dentist is offering teledentistry appointments, they will tell you how to contact them for your appointment. If you do not have a dentist, log in or create a Member Dashboard account on [DeltaDentalOR.com](http://DeltaDentalOR.com)

Once you’ve logged in to your Member Dashboard:

1. Click on the “Dental Tools” tab at the top of the page
2. Request either a Virtual Checkup or an Emergency Consult
3. Answer the questions and upload photos of your dental issue, if applicable

After you submit your responses, they will be shared with the closest available in-network provider. The provider will then review your request and contact you.

 *Teledentistry visits will be billed as Class 1 (preventive) services.*

### DeltaDentalOR.com

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